

eNews update

From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, August 27, 2024 at 05:00 AM EDT

THE VILLAGES AT



WEST NECK

An Active Adult Community

**Click [HERE](#) to Visit our Website & Community
Calendar (Resident Login required for calendar)**

August 27, 2024

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Announcements

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- WNEC Community Sale Results
- WNEC BOGO
- Karma Yoga September Schedule
- September Water Aerobics
- "Set" Fitness Fun Schedule

This Month At West Neck

- Rezoning Briefing for Arthur Park & Browningstone -
Today!
- Bingo - Tonight!
- WNEC Cashola @California Pizza Kitchen - 8/28

Upcoming Events

- Painting Class - 9/4
- Line Dancing - 9/5
- West Neck Community Night - 9/9
- West Neck Garden Club Luncheon - 9/10

- Men's Bible Study - 9/13
- Senior Safety Seminar - 10/10
- Bus Trip to Virginia Winery - 10/23

Good To Know

- eNews Submission Guidelines
- ARC Application
- West Neck eNews and Website

ANNOUNCEMENTS

The Annual Voting Members meeting will take place in the Village Hall on Wednesday, September 18, 2024 beginning at 6:00 pm.

Click [HERE](#) to print flyer below



BEST COMMUNITY SALE EVER!

Here it is in black & white:

\$5189.00	Total Sales from 2024 Community Sale (including renewals and new memberships)
\$10,777.00	Total online sales from Sept. '23 thru Aug. 15, 2024
\$\$15,966.00	Grand Total of Sales from Sept.'23 thru Aug. 17, 2024

Hey! Just when our volunteers started to unpack and think how will this 'stuff' ever get displayed, all of us blinked and VOILA! A similar thing happened at the close of the sale. Once again, the Village Hall looked as if nothing had transpired by 1:00pm. It's truly amazing!

For me, the best part is coming together and seeing this event unfold. The T.E.A.M. realizes we couldn't even begin without the donations received from the community throughout the year. We're eternally grateful to Michele Adamchuk & Sherry Ewan who donate their garages for storage. We couldn't do this without them. Then there's our members (over 100) who volunteered in a variety of ways, our truck drivers, the KHS wrestlers, lacrosse players and their coaches and, last but not least, our membership who keep this club growing - VERY CLOSE to 300 members strong!

Always,
Francie Rayburn





Click [HERE](#) to print flyer below



**A goal in 2024 is for each WNEC member
to recruit one new member.**

Keep the momentum going to reach 300!



Member Susan with
new member Bill Rossen

New member Heide Chopp with
member Carol Murphy

Click [HERE](#) to print flyer below



Free Karma Yoga September Schedule

Beginner Gentle

Every Monday 10:00am

September 2, 9, 16, 23 & 30

Yes! There is class Monday, 9/2 Labor Day

NEW - Foundations to Gentle Flow

Every Wednesday 3:30pm

September 4, 11, 18 & 25

A classic yoga flow class which brings together postures and fluid movement connected to breath.

Foundations is designed that each week we will select one component of a Sun Salutation with a review offering the possible modifications of the posture, affording you the best yoga experience.

This is not recommended for individuals who have difficulty bearing weight on their arms or who struggle to get up and down off the floor,



Gretchen

Gratuity accepted but not required.

757-402-1407

Alacarteevents4u@cox.net

Click [HERE](#) to print flyer below



WATER Fitness

continues

SATURDAYS IN September

Want to feel better while having fun? Come join us in YOUR gorgeous village pool for a safe and effective **water aerobics class** that can improve your strength, flexibility, and stamina.

Classes continue on Saturdays @ 9 a.m. through September to all registered pool members FREE OF CHARGE

Wednesday end of class season concludes August 28, 2024.

Saturday end of class season concludes September 28, 2024.

Equipment not provided. Please bring your own water weights and noodle.

Additional Suggestions: water shoes, sun hat, sun screen, spf shirt, plenty of water to drink & any additional items for needs.

Equipment can be found on amazon, at Walmart, target, dicks sporting goods and Most sporting retailers.



Please contact the Village Hall for information On joining your Pool Member community.

Your Safety is of our utmost concern. Classes not held in rain, thunder & dangerous weather

...

conditions.

Click [HERE](#) to print flyer below



KIRSTEN BUCHANAN
Fitness

West Neck Village “Set” Fitness Fun Schedule

MONDAY @ 12

THURSDAY @ 12

Come join us!!! All Fitness Levels are encouraged and welcomed. Modifications and appropriate levels of intensity will be instructed throughout our session; which is held in the activities room at the VILLAGE HALL.

* Class design will be based after a class assessment of participants and discretion of your FIT PRO before the hour begins. *Classes will vary: any combination of strength, cardio movements and stretch done on our feet, from a chair or on our matts. Come be surprised!! We have Loads of FUN!! Give it a Go!! First class for new participants is *COMPLIMENTARY* for you to experience.

Fitness Fun Punch Cards available for SAVINGS! \$80 for a 8 class punch card. 2 punch (\$28) and 4 punch (\$48) also available No expiration dates. Drop in @ \$15 per class or Transferrable. Gift Certificates available. Credit Cards accepted with a cc fee applied of 3.62 %

Get to know me @ www.kirstenbuchanan.com

Classes will NOT take place if they land on a holiday. Thank you for your continued support and understanding.

Individual, Couple, Group-Personal Training, Program Design, Flexibility Conditioning, Nutrition Counseling available for in-home, zoom, village

hall gym, my gym: inquire @ **757-286-9694**

This Month At West Neck

**The briefing for Arthur Parke & Browningstone Village
homeowners concerning Harrison & Lear's rezoning
Application will be held at 2:00 pm today in the Village Hall.**

Click [HERE](#) to print flyer below

West Neck Educators Club (WNEC)

Scholarship Fun(d)raiser

- friends & family are welcome –

... if you're unable to sign-up please come anyway...

BINGO SUMMER BINGO

\$10.00 person (\$5.00 goes to the WNEC Scholarship Fund)



August 27, 2024 at 6:30 pm

Come join us for an evening of

FUN & CASH PRIZES

at the Village Hall

Please bring your own drinks, snacks, friends & family

\$10.00 person (half goes to the WNEC Scholarship Fund)

...there will be a 50/50 raffle as well ...

[\(WNEC logo items \(hats, cups/glasses, shirts, etc\) may also be for sale\)](#)

Please call the Village Hall at 757-689-4189 to reserve seats.

... (if you're unable to sign-up please come anyway) ...

The WNEC is a 501(c)(3) charitable nonprofit organization supporting education in one local high school. Since inception in 2011, the WNEC has awarded over \$226,000.00 in scholarships to 94 Kellam High School students. ALL residents of The Villages at West Neck are eligible for WNEC membership. (Dues are \$20.00 per year per person. Proceeds go to the Scholarship Fund)

The WNEC will also host bingo-as-a fun(d)raiser at

7:00pm on November 6 and December 11, 2024

Click [HERE](#) to print flyer below



**On Wed., Aug. 28, 2024,
the West Neck Educators Club
is having a Cashola at the
California Pizza Kitchen in Town Center.**

Show this flyer or mention the West Neck Educators Club on your visit and California Pizza Kitchen will **DONATE 20% OF ALL FOOD & BEVERAGE SALES** to the West Neck Educators Club.

Purchases include dine-in, take-out, catering, and online orders at [CPK.com](https://www.cpk.com) when you enter **BACK20%** at checkout (all day).

Valid at the following location:

CALIFORNIA PIZZA KITCHEN

200 Central Park Ave. in Town Center

Take a lawn chair and before or after dinner, attend the free concert on the steps of the Sandler Center just down the street from the California Pizza Kitchen.

Performing on Wed., Aug. 28, is The Party Finns, a high-energy festival band playing Buffett and TropRock/Classic rock music. The band was formed over 15 years ago by the late Warren Seaburg from veterans of multiple regional bands and is presently styled around front man Billy Kendra.

If it is still hot, visitors may venture inside the Sandler Center to cool off, take a free educational tour of the building, visit the restrooms and bars, or take a gallery stroll through the public art displayed on the second and third-floor lobbies.

the public art displayed on the second and third-floor lobbies.

Upcoming Events

Click [HERE](#) to print flyer below



Ready for fall? Come paint this 11"x 14" canvas in acrylic paint. All supplies included. No experience required.

Where: Village Hall/West Neck

When: Wednesday, September 4th

Time: 6:00 – 9:00 P.M.

Cost: \$ 35 each

Please RSVP to Pat Plebani at Pplebani2@gmail.com or 757-615-7178.

Click [HERE](#) to print flyer below



Line Dancing with Jodie

New Fall Session:

Thursdays 1:30-2:30 pm starting Sept 5th
in the Village Hall

New dancers are always welcome!

- No fee and no experience needed!
- We do easy beginner & beginner dances.
- We review each week.
- Wear shoes that slide on carpet & bring water.
- No sign-ups necessary! Just come and have fun!

Click [HERE](#) to print flyer below

SAVE THE DATE!

West Neck Community Night

Monday, Sept. 9, 2024

Village Hall

***6:30 PM – 8:30 PM**

Please join us & discover how to become more involved in the Villages at West Neck

- Learn what clubs, organizations and activities are available to you
- Get information on opportunities to volunteer in the area
- Meet your neighbors and others from all the Villages
- Sign-up to enjoy something that is interesting to YOU
- Make a suggestion for another activity

***PLEASE NOTE THE TIME CORRECTION!**



Please contact Annie Haley if you need more information!

Ash210@comcast.net or [908-917-1563](tel:908-917-1563)

WNEC@westneck.org

Coordinated by the West Neck Educators Club (WNEC) and the Village Hall 689-4189

Click [HERE](#) to print flyer below



New Members Welcome

You are invited to a
West Neck Garden Club Luncheon
on Tuesday, September 10, 2024
from 11:00am - 2:00pm
at the Village Hall.

Checks should be written to the
West Neck Garden Club and
delivered to the Village Hall no later than 9/04/24.

The cost of the luncheon is \$25.
Membership dues of \$35 will be collected at the luncheon.


If you have questions,
please contact Susanne Peterson at
(c) 757.693-2172 or (h) 757.721-2961.

New Members Welcome

Menu

Pasta Salad w/grilled vegetables
Cobb Salad Mini Club Sandwiches
Ham & Sweet Potato Biscuits
Wine, Water & Tea

by Catherine's Catering





Click [HERE](#) to print flyer below



West Neck Men's Bible Study

The West Neck Men's Bible Study will be starting an in-depth, chapter by chapter, verse by verse study of the Book of Acts on September 13, 2024. This study will last 16 weeks and will be presented in DVD format by Dr. Chuck Missler. Commentary handbooks will be utilized for this study and are very helpful but not required. Some may be on hand depending on the number of people attending but can be ordered and obtained quite quickly. The cost for handbooks is \$14.95 and can be purchased at Koinonia House, www.khouse.org or by calling 1-800-546-8731. We are happy to handle the ordering of handbooks for folks who would like our assistance.

The group meets on Fridays from 10 AM until 12:00 PM at the Village Hall in the Large Meeting Room.

Contact Information – Al Daly by email at aldaly730@gmail.com or phone 419-779-5323.

Click [HERE](#) print flyer below

SAVE THE DATE
October 10, 2024 at 3:30pm in the Village Hall
SENIOR SAFETY SEMINAR
(light refreshments will be available)

The **Virginia Beach Sherriff's Office (VBSO's)** Senior Safety Seminar will be conducted on Thursday October 10, 2024 at 3:30 in the Village Hall. This seminar is conducted by the VBSO's Emergency Response Team (ERT).

LT Demetrius Taylor and SGT Davison of the ERT will be conducting this seminar.

This seminar aims to empower seniors to always be aware of their surroundings and be confident they would know how to react if confronted with someone trying to harm them. The seminar's objectives include teaching seniors the concepts of:

- situational awareness
- self-defense skills if confronted
- getting help in case of emergency, and
- discussing common attacks and reasons for them.



Please plan to attend. Please call the Village Hall at 757-689-4189 to reserve seats. This program is coordinated by the West Neck Learning Committee (WNLC). Questions?: please contact Tim Ryan at varyans@cox.net 757-412-5949



The West Neck Village Hall is located at 2580 Signature Drive, Virginia Beach

Click [HERE](#) print flyer below

**THE WEST NECK SOCIAL COMMITTEE
IS PLANNING A BUS TRIP TO A
CHARLOTTESVILLE AREA WINERY**

THE TRIP WILL BE ON OCTOBER 23rd 2024

**THE COST WILL BE APPROXIMATELY \$90-\$100
PER PERSON DEPENDANT UPON THE NUMBER
OF PEOPLE SIGNING UP.**

ONLY 10 MORE SEATS AVAILABLE

**THIS WILL INCLUDE BUS TRANSPORTATION, A
WINERY VISIT, LUNCH, AND ADMISSION TO
JAMES MONROE'S HIGHLAND.
DINNER IN WILLIAMSBURG NOT INCLUDED IN
PRICE.**

**A \$25 DEPOSIT PER PERSON IS REQUIRED
PAYABLE BY CHECK ONLY TO WNCA**

**PLEASE SIGN UP NOT LATER THAN
AUGUST 27TH 2024**

Charlottesville Winery

Name(s): _____

Phone #: _____ **Village:** _____

Number of people signing up: _____

number Attending: _____ x \$ 25 = _____
(deposit)

Good To Know

Click [HERE](#) to print flyer below

The Villages at West Neck eNews Submission Guidelines

These guidelines are for **all West Neck residents** who wish to submit an announcement for publication in the weekly Tuesday eNews.

All requests for publication shall be directed to the dedicated email address:
westnecknotices@gmail.com

eNews submission dates for Tuesday eNews publication:

- Submission deadline will be the prior Wednesday at noon.
- Submissions received after this Wednesday deadline may result in your flyer not being published or published a week later if it is still within your event timeframe.

Event flyer submission:

- **Provide a .pdf** (preferred format) **or .jpeg flyer**

Use the **SUBJECT LINE of your email** to indicate the edition date and your event date and name, such as:

- **10/18/23 edition for 10/20/23 (your event name)**
- If your event is not date specific (i.e. monthly fitness calendars), indicate your event in this manner:
 - **03/28/23 edition for 04/00/23 (your event name)**
- If you are submitting a flyer that has been updated or changed in any manner, **alert the editors** when submitting and **rename the flyer** for clarity so that it will not be confused with a previous flyer such as:
 - **07/11/23 edition for 07/20/23 CORRECTED (your event name)**
- If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.

- You will need to submit each week that you want to continue a reminder for the event.

1

ARC APPLICATION

(Please note: not applicable to Wordsworth or Browningstone)

Click on image to view/ print ARC application.

ARC Factoid of the Week

*Did you know that permanent emergency generators are allowed but must be professionally installed and comply with all city codes and permits governing such installations? It is the homeowner's responsibility to send a copy of the permit, and any other required paperwork, to the ARC Chairperson.
(ARC Guidelines and Community Standards para. 1.7)*



What's the Difference Between **eNews**
and our **West Neck Website**?

eNews is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent

to you...you must log on at www.westneckvillages.com



It is easy to be informed!! All the information you need for our community can be right at your fingertips! Register on the West Neck Villages website AND sign up to receive our weekly eNews directly to your inbox!

Just go to:

www.westneckvillages.com

**If you need assistance, please send an email to:
info@westneckvillages.com.**

Type website in the subject line and our website administrator will email instructions or answer any questions you may have.



**The Villages at West Neck
Communications and Marketing
Committee**

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