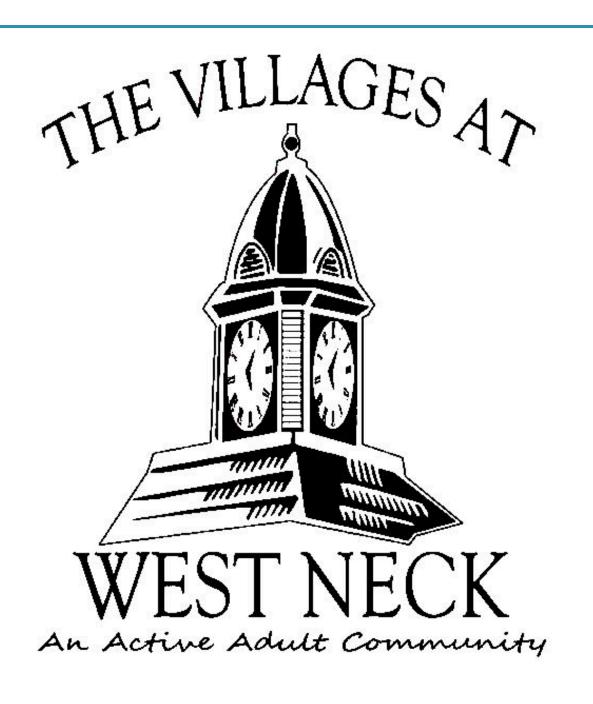
eNews update

From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, July 9, 2024 at 05:00 AM EDT



Click HERE to Visit our Website & Community Calendar (Resident Login required for calendar)

July 9, 2024

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Announcements

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This Week At West Neck

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- Water Aerobics Wednesday, July 10 & Saturday, July 13
- WNLC First Aid, AED, CPR Thursday, July 11
- Painting Class Thursday, July 11
- Investment Club Monday, July 15

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- WNEC Outback 10% Fundraising Event Wednesday, July 24 & Thursday, July 25
- WN Social Committee Trivia Night Saturday, August 10

Beyond West Neck

 Institute of Learning in Retirement - July & August Classes

ARC Application

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ANNOUNCEMENTS

The next West Neck **Board of Directors**Meeting

will be held on

Wednesday, July 17 at 6:00 PM

in the Village Hall.

West Neck Community Website Registration

THE VILLAGES AT WEST NECK

Communication & Marketing Committee

Invites you to register on our Community Website!

Interested in seeing the community calendar of events, the resident directory, and more?

You must login to the **Resident Only** pages. Those pages are **password protected**. You must create your own personal login for access.



Go to **westneckvillages.com** to register and follow a few easy steps.

Having trouble? Have any questions?



Send an email message to info@westneckvillages.com, type Website in the subject line, and our Website Administrator will email the instructions to you or answer your questions.

Join today and enjoy all the benefits our website has to offer!

West Neck Garden Club Award

Click here to print flyer (below)

WEST NECK GARDEN CLUB RECEIVES 1st Place AWARD from Council of Garden Clubs of Virginia Beach

The West Neck Garden Club was awarded

1st Place for its Maintenance Beautification Project at Biznet Village from the Council of Garden Clubs of Virginia Beach, Inc. at the Annual Awards Luncheon held at the Princess Anne Country Club.



From left to right: Garden Club volunteers Kris Przymuzala, Patti Stubbs, Louise Stuver; CGCVB representatative Susie Duckworth and WNGC project liaison Susan Driskel.

Not pictured is Francie Rayburn.

WNEC Scholarship Winners

CONGRATULATIONS to the West Neck Educators Club'S 2024 SCHOLARSHIP WINNERS!

A special 'thank you' is extended to WNEC's members, WN residents & business partners who help in so many ways & make all this possible.

To date, the WNEC has awarded over \$226,000 to 94 Kellam seniors since 2011.



From left to right: KHS Principal Dr. Ryan Schubart, Zoe Delfinado, Colin Whitfield, Grace Miller, Brianna Hutchison, Margaret Cary, Elizabeth Castano, Emma Sarvis, Elizabeth Holmes, Mia Goodwin, Jeffrey Hayes, Lauren Diedrich & WNEC Scholarship Chairman Tim Ryan. Scholarship recipient not present is Maries Solimes.

WNEC Sneaker Drive

Click here to print flyer (below)



WEST NECK EDUCATORS CLUB is still collecting old sneakers! Your donation of sneakers will provide \$\$\$ for its SCHOLARSHIP FUND. NEW LOCATION

Simply deposit your sneakers in the box in the Fitness Center and WNEC will do the rest!

WNEC BOGO "Be One Get One" Drive



A goal in 2024 is for each WNEC member to recruit one new member.

Keep the momentum going...



Member Michele Adamchuk with new member Bev Garvin



Member Kay Edwards with new member Elise Turner

This Week At West Neck...

iPhone and iPad Workshop 7/10

Click HERE to print flyer (below)

IPHONE & IPAD WORKSHOP

West Neck Learning Committee

Topics: NEW IOS in Sept, ORGANIZING APPS, QR codes.



"How do I" questions are always welcome. Learn new techniques and features as we explore and learn together.

Next meeting: Village Hall Wed July 10 at 10:30a to12:00p

Are you attending?
RSVP: Please include questions and concerns for this or future meetings.

RSVP jimblohm@me.com or text 516 662 2512 and get to know your iPhone AND iPad

Thanks to those who attended the last workshop! I look forward to seeing you again.

Summer Water Aerobics 7/10 and 7/13

Click HERE to print flyer (below)





COUNT DOWN to WATER fitness has begun @

Want to feel better while having fun? Come join us in YOUR gorgeous village pool for a safe and effective **water aerobics class** that can improve your strength, flexibility, and stamina.

Classes kick off June 19th, 2024
Classes offered Wednesdays @ 5:00 p.m. and Saturdays @ 9 a.m.
Class program is available to all registered pool members
FREE OF CHARGE

End of class season scheduled for August 31, 2024

Equipment not provided. Please bring your own water weights
and noodle.

Additional Suggestions: water shoes, sun hat, sun screen, spf shirt, plenty of water to drink & any additional items for your

Equipment can be found on amazon, at Walmart, target, dicks sporting goods and

Most sporting retailers.

Please contact the Village Hall for information
On joining your Pool Member community.

West Neck Learning Committee First Aid, AED, Falls, CPR Presentation 7/11

COME ONE/COME ALL & SIGN-UP

(Please call the Village Hall at 757-689-4189 to reserve seats).

July 11, 2024 at 3:30pm in the Village Hall

First Aid, AED, FALLS, CPR



Captain Lyndee Tripp, Nationally Registered Paramedic (NRP) and Certified Community
Paramedic (CP-C) is a member of Virginia Beach Rescue, Emergency Medical Servies. She will be
conducting informational presentations on Thursday, July 11, 2024 at 3:30pm in the large room at
the Village Hall. She will be joined by Kelly Lee who is the Aging-in-Place Program Manager for the
Virginia Beach Department of Public Health.

The topics include:

First Aid refresher, Automated External Defibrillator (AED) how-to's; Do's & Don'ts for seniors regarding trip & fall issues and a refresher on CardioPulmonary Resuscitation (CPR).









Please call the Village Hall at 757-689-4189 to reserve seats.

This program is coordinated by the West Neck Learning Committee (WNLC).

Questions?: please contact Marlee Porter at lucyp72@aol.com 757-620-6433



The members of the WNLC are: Jim Blohm, George Davis, Nancy Hinton, Heather Hill, Eleanor Massie, Marlee Porter, Francie Rayburn, Tim Ryan, Bobby Ross, Dan Snyder, Pam Snyder and Dave Wessner.

Painting Class 7/11



This 9" x 48" daisy string on wood is painted with acrylic paints. You may choose the colors you want to paint the flowers. All supplies included. No experience required.

Where: Village Hall/West Neck

When: Thursday, July 11th

Time: 6:00 - 9:00 P.M.

Cost: \$ 45

Please RSVP to Pat Plebani at Pplebani2@gmail.com or 757-615-

7178 to reserve your space.

Investment Club Meeting 7/15

<u>West Neck</u> <u>Investment Club</u>

Next Meeting

Monday July 15 at 7:00 PM

Village Hall Large Meeting Room

The Investment Club is pleased to welcome both current members and new members at our July meeting!

Come join a diverse group of residents who are interested in learning about investing or enjoy talking about changing markets / current events that are likely to impact the value of one's investments. We meet on the third Monday night of each month at the Village Hall at 7 PM. The West Neck Investment Club is one of the most successful clubs in West Neck, having met continually since 2012. Questions please contact:

Bob McCartney 757 618 7468 mccarts@cox.net

Allen Goldstein 757 301 2139 amg 56@hotmail.com

Janet Blohm 516 987 8642 idotoomuch@aol.com

Upcoming Events

West Neck Educators' Club Bingo Night 7/23

West Neck Educators Club (WNEC) Scholarship Fun(d)raiser

BINGO

SUMMER

BINGO

\$10.00 person

(\$5.00 goes to the WNEC Scholarship Fund)



July 23, 2024 at 6:30 pm

Come join us for an evening of FUN & CASH PRIZES

at the Village Hall

Please bring your own drinks, snacks, friends & family \$10.00 person (half goes to the WNEC Scholarship Fund)

\ldots there will be a 50/50 raffle as well \ldots

(WNEC logo items (hats, cups/glasses, shirts, etc) will also be for sale)

Please call the Village Hall at 757-689-4189 to reserve seats.

 \ldots (if you were unable to sign-up please come anyway) \ldots

The WNEC is a 501(c)(3) charitable nonprofit organization supporting education in one local high school. Since inception in 2011, the WNEC has awarded over \$226,000.00 in scholarships to 94 Kellam High School students.

ALL residents of The Villages at West Neck are eligible for WNEC membership. (Dues are \$20.00 per year per person. Proceeds go to the Scholarship Fund)

The WNEC will also host bingo-as-a fun(d)raiser on August 27 at 6:30pm and at 7:00pm on Nov 6 and Dec 11, 2024

WNEC Outback Steakhouse 10% Fundraiser 7/24 & 7/25

Click HERE to print flyer (below)



Enjoy a delicious dinner at OUTBACK STEAKHOUSE located at 1113 Nimmo Parkway in Virginia Beach on

Wed. & Thurs., July 24 & 25 from 4:00 - 9:00 p.m.

Bring this flier or write WNEC on your bill to let them know YOU SUPPORT the WEST NECK EDUCATORS CLUB!

Proceeds from 10% of the meals purchased will be donated by OUTBACK Steakhouse and go towards the WNEC Scholarship Fund.

For more information, contact Ruth Conover at 757.301-2903 or conover2@cox.net.

For call-ahead seating or take-away, dial 757.563-8034.

Sponsored by the West Neck Educators Club.







West Neck Social Committee Trivia Night

8/10

Click HERE to print flyer (below)



SPONSORED BY THE WEST NECK SOCIAL COMMITTEE

West Neck Village Hall 7:00-9:00 PM Saturday, August 10th 2024 \$10.00 Per Person

RSVP by August 8th 2024 BYO Snacks and Drinks Please



50/50 Raffle



Sign up for this event at the Village Hall West Neck Residents Only!!

Payment by check only, payable to WNCA

** **	TRIVIA NIGHT 8/10/2024	? ?
Name(s):		
Phone #:	Village:	
Number Attending: $x $10 =$		

Beyond West Neck

Institute for Learning in Retirement - July and August Schedule



SUMMER 2024 CLASS OFFERINGS

Institute for Learning in Retirement

At Tidewater Community College

Princess Anne Bldg-A, A103

1700 College Crescent

Virginia Beach, VA 23453-1918

For membership costs and registration information contact:

757.756.4861 www.ilrvb.org office@ilrvb.org

JULY

- 9 Virginia During the American Revolution, Early Years (Part One) (1:00)
- 11 Importance of Food Nutrition Labels and Healthy Habits
- 15 A Tale of Two Germanies: Why Germany Divided After WWII
- 16 Listen, Learn, Discuss: The Williamsburg Bray School (1760-1774) (Zoom only)
- 18 Grace Sherwood, The Witch of Pungo— History and Legend
- 24 Cuba at a Crossroad: Reassessing Communist
 Reform
- 25 Causes and Implications of Immigration
- 31 Safety for Seniors

AUGUST

- Advances in Care of the Heart and Artificial Intelligence in Medicine (1:00) (ZOOM ONLY)
- 5 Creating Emergency Response Courses In Terrorism for FEMA
- 6 The Silent Clowns
- 12 The Surprising Importance of Agriculture In Virginia Beach
- 13 Virginia During the American Revolution, Later Years (Part Two) (1:00)
- 15 Waging Peace in Israel: Inter- and Intra-Religious Challenges
- 21 A Planet of Plastics
- 26 Good to Go: Compassionate End-of-Life Choices

CLASSES MEET AT TCC-VIRGINIA BEACH AND ON ZOOM 10:00-12:00 pm unless noted ILR ALSO OFFERS SOCIAL ACTIVITIES

ARC APPLICATION

(Please note: not applicable to Wordsworth or Browningstone)
Click on image to view/ print ARC application.

ARC Factoid of the Week.

Did you know that edging for lawns, patios, walkways, or flower beds must be made of either vinyl, metal, stone or brick material? (ARC Guidelines and Community Standards para. 1.43)





What's the Difference Between **eNews** and our **West Neck Website?**

eNews is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent to you...you must log on at **www.westneckvillages.com**

THE VILLAGES AT WEST NECK

Communication & Marketing Committee

Invites you to register on our Community Website!

Interested in seeing the community calendar of events, the resident directory, and more?

You must login to the **Resident Only** pages. Those pages are **password protected**. You must create your own personal login for access.



Go to **westneckvillages.com** to register and follow a few easy steps.

Having trouble? Have any questions?



Send an email message to info@westneckvillages.com, type Website in the subject line, and our Website Administrator will email the instructions to you or answer your questions.

Join today and enjoy all the benefits our website has to offer!

eNews Submission Guidelines

Click HERE to print flyer (below)

The Villages at West Neck eNews Submission Guidelines

These guidelines are for **all West Neck residents** who wish to submit an announcement for publication in the weekly Tuesday eNews.

All requests for publication shall be directed to the dedicated email address: westnecknotices@gmail.com

eNews submission dates for Tuesday eNews publication:

- · Submission deadline will be the prior Wednesday at noon.
- Submissions received after this Wednesday deadline may result in your flyer not being published or published a week later if it is still within your event timeframe.

Event flyer submission:

Provide a .pdf (preferred format) or .jpeg flyer

Use the **SUBJECT LINE of your email** to indicate the edition date and your event date and name, such as:

- 10/18/23 edition for 10/20/23 (your event name)
- If your event is not date specific (i.e. monthly fitness calendars), indicate your event in this manner:
 - 03/28/23 edition for 04/00/23 (your event name)
- If you are submitting a flyer that has been updated or changed in any manner, <u>alert the editors</u> when submitting and <u>rename the flyer</u> for clarity so that it will not be confused with a previous flyer such as:
 - 07/11/23 edition for 07/20/23 CORRECTED (your event name)
- If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.
- You will need to submit each week that you want to continue a reminder for the event.



Communications and Marketing Committee

Your West Neck eNews delivered directly to your inbox!

Any links from The Villages at West Neck eNews to sites or information, is provided as a courtesy and should not be construed as an endorsement by

The Villages at West Neck eNews.

The Villages at West Neck | 2580 Signature Drive | Virginia Beach, VA 23456 US

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Try email marketing for free today!