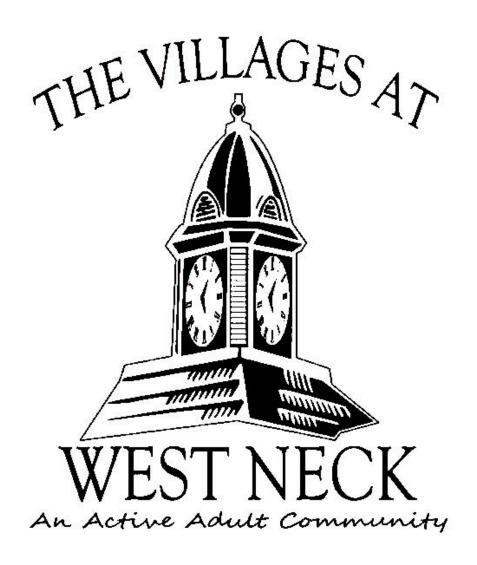
eNews update

From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, July 23, 2024 at 05:00 AM EDT



Click HERE to Visit our Website & Community Calendar (Resident Login required for calendar)

July 23, 2024

In this issue:

Announcements

- Calling all Crafters WN Craft Show Saturday, 11/9
- Be One Get One BOGO

This Week At West Neck

- Cashola at Outback Steakhouse Wednesday, 7/24
 Thursday, 7/25
- Water Aerobics class Wednesday, 7/24 & Saturday, 7/27
- Fitness Fun Thursday, 7/25 & Monday, 7/29

Upcoming Events

- Trivia Night Saturday, 8/10
- iPhone & iPad Workshop Wednesday, 8/14

eNews Submission Guidelines

ARC Application

ANNOUNCEMENTS

Calling all Crafters!

Click HERE to print flyer (below)

Calling All Crafters

The West Neck Craft Show November 9, 2024 Village Hall

Last Year-Great Success

19 Artists - Painters; Dried Flower Arrangers; Shell Flower Arrangers; Quilters; Rope Basket Designers; Photographers; Jewelery Designers; and many others.

This Year - Greater Success

What do you create? Bring it this year to sell and make this year's event the best ever.

Information

Sales: West Neck Residents (No Outside Vendors)
Shoppers: All are Welcome
Reserve your Spot today
Contact: Jan Tucker
janguillt48@gmail.com 757/721-7146

Be One Get One

Click HERE to print flyer bleow



A goal in 2024 is for each WNEC member to recruit one new member.

Keep the momentum going to reach 300!



Member Jim Blohm with new member Ken McCrory



New member Dan Snyder with member Pam Snyder

This Week At West Neck...

Cashola at Outback Steakhouse

Click HERE print flyer (below)

All WN RESIDENTS ARE INVITED!



Enjoy a delicious dinner at OUTBACK STEAKHOUSE

located at 1113 Nimmo Parkway in Virginia Beach on Wed. & Thurs., July 24 & 25 from 4:00 - 9:00 p.m.

Dine In or Take-away

Bring this flier and tell them YOU support the West Neck Educators Club!

Proceeds from 10% of the meals purchased will be donated by OUTBACK Steakhouse and go towards the WNEC Scholarship Fund.

For more information, contact Ruth Conover at 757.301-2903 or conover2@cox.net.

For call-ahead seating or take-away, dial 757.563-8034.

Sponsored by the West Neck Educators Club.







Summer Water Aerobics

Click HERE to print flyer (below)





WATER FITNESS HAS BEGUN @

Want to feel better while having fun? Come join us in YOUR gorgeous village pool for a safe and effective **water aerobics class** that can improve your strength, flexibility, and stamina.

Classes kicked off June 19th, 2024
Classes offered Wednesdays @ 5:00 p.m. and Saturdays @ 9 a.m.
Class program is available to all registered pool members
FREE OF CHARGE

End of class season scheduled for August 31, 2024

Equipment not provided. Please bring your own water weights
and noodle.

Additional Suggestions: water shoes, sun hat, sun screen, spf shirt, plenty of water to drink & any additional items for your needs.

Equipment can be found on amazon, at Walmart, target, dicks sporting goods and Most sporting retailers.

Please contact the Village Hall for information On joining your Pool Member community.

Your Safety is of our upmost concern. Classes not held in rain, thunder & dangerous weather conditions.

Fitness Fun

Click HERE to print flyer (below)



West Neck Village "Set" Fitness Fun Schedule

MONDAY@12

THURSDAY @ 12

Come join us!!! All Fitness Levels are encouraged and welcomed. Modifications and appropriate levels of intensity will be instructed throughout our session; which is held in the activities room at the VILLAGE HALL.

* Class design will be based after a class assessment of participants and discretion of your FIT PRO before the hour begins. *Classes will vary: any combination of strength, cardio movements and stretch done on our feet, from a chair or on our matts. Come be surprised!! We have Loads of FUN!! Give it a Go!! First class is COMPLIMENTARY for you to experience.

Fitness Fun Punch Cards available for SAVINGS! \$80 for a 8 class punch card, 2 punch (\$28) and 4 punch (\$48) also available No expiration dates. Drop in @ \$15 per class or Transferrable. Gift Certificates available. Credit Cards accepted with a cc fee applied of 3.58 %

Get to know me @ www.kirstenbuchanan.com

Classes will NOT take place if they land on a holiday.
Thank you for your continued support and understanding.

Individual, Couple, Group-Personal Training, Program Design, Flexibility Conditioning, Nutrition Counseling available for in-home, zoom, village hall gym, my gym: inquire @757-286-9694

UPCOMING EVENTS Trivia Night

Click HERE to print flyer (below)



SPONSORED BY THE WEST NECK SOCIAL COMMITTEE

West Neck Village Hall 7:00-9:00 PM Saturday, August 10th 2024

\$10.00 Per Person RSVP by August 8th 2024 BYO Snacks and Drinks Please



50/50 Raffle



Sign up for this event at the Village Hall West Neck Residents Only!!

Payment by check only, payable to WNCA

3 3	TRIVIA NIGHT 8/10/2024	P 3
Name(s):		
Phone #:	Village:	
Number Att	tending: $x \$10 =$	

iPhone & iPad Workshop

Click HERE print flyer (below)

IPHONE & IPAD WORKSHOP

West Neck Learning Committee

Topics: NEW IOS UPDATE, ORGANIZING APPS, QR codes.



"How do I" questions are always welcome. Learn new techniques and features as we explore and learn together.

Next meeting: Village Hall, 2nd Wednesday of Each Month

August 14 at 10:30a to12:00p

Are you coming? RSVP jimblohm@me.com or text 516 662 2512 and get to know your iPhone AND iPad

Thanks to those who attended the last workshop! I look forward to seeing you again.

SUBMISSION GUIDELINES FOR eNEWS

Click HERE to print flyer (below)

The Villages at West Neck eNews Submission Guidelines

These guidelines are for **all West Neck residents** who wish to submit an announcement for publication in the weekly Tuesday eNews.

All requests for publication shall be directed to the dedicated email address: westnecknotices@gmail.com

eNews submission dates for Tuesday eNews publication:

- · Submission deadline will be the prior Wednesday at noon.
- Submissions received after this Wednesday deadline may result in your flyer not being published or published a week later if it is still within your event timeframe.

Event flyer submission:

Provide a .pdf (preferred format) or .jpeg flyer

Use the **SUBJECT LINE of your email** to indicate the edition date and your event date and name, such as:

- 10/18/23 edition for 10/20/23 (your event name)
- If your event is not date specific (i.e. monthly fitness calendars), indicate your event in this manner:
 - 03/28/23 edition for 04/00/23 (your event name)
- If you are submitting a flyer that has been updated or changed in any manner, <u>alert the editors</u> when submitting and <u>rename the flyer</u> for clarity so that it will not be confused with a previous flyer such as:
 - 07/11/23 edition for 07/20/23 CORRECTED (your event name)
- If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.
 - You will need to submit each week that you want to continue a reminder for the event.

(Please note: not applicable to Wordsworth or Browningstone)
Click on image to view/ print ARC application.

ARC Factoid of the Week.

Did you know that professionally installed wells and irrigation systems do not require ARC approval, however the homeowner is responsible for obtaining all licenses and permits required by the city of Virginia Beach? (ARC Guidelines and Community Standards para. 1.10)





What's the Difference Between **eNews** and our **West Neck Website?**

eNews is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent to you...you must log on at **www.westneckvillages.com**



It is easy to be informed!! All the information you need for our community can be right at your fingertips! Register on the West Neck Villages

website AND sign up to receive our weekly eNews directly to your inbox! Just go to: www.westneckvillages.com



The Villages at West Neck Communications and Marketing Committee

Your West Neck eNews delivered directly to your inbox!

Any links from The Villages at West Neck eNews to sites or information, is provided as a courtesy and should not be construed as an endorsement by

The Villages at West Neck eNews.

The Villages at West Neck | 2580 Signature Drive | Virginia Beach, VA 23456 US

<u>Unsubscribe</u> | <u>Update Profile</u> | <u>Constant Contact Data Notice</u>



Try email marketing for free today!