

eNews update

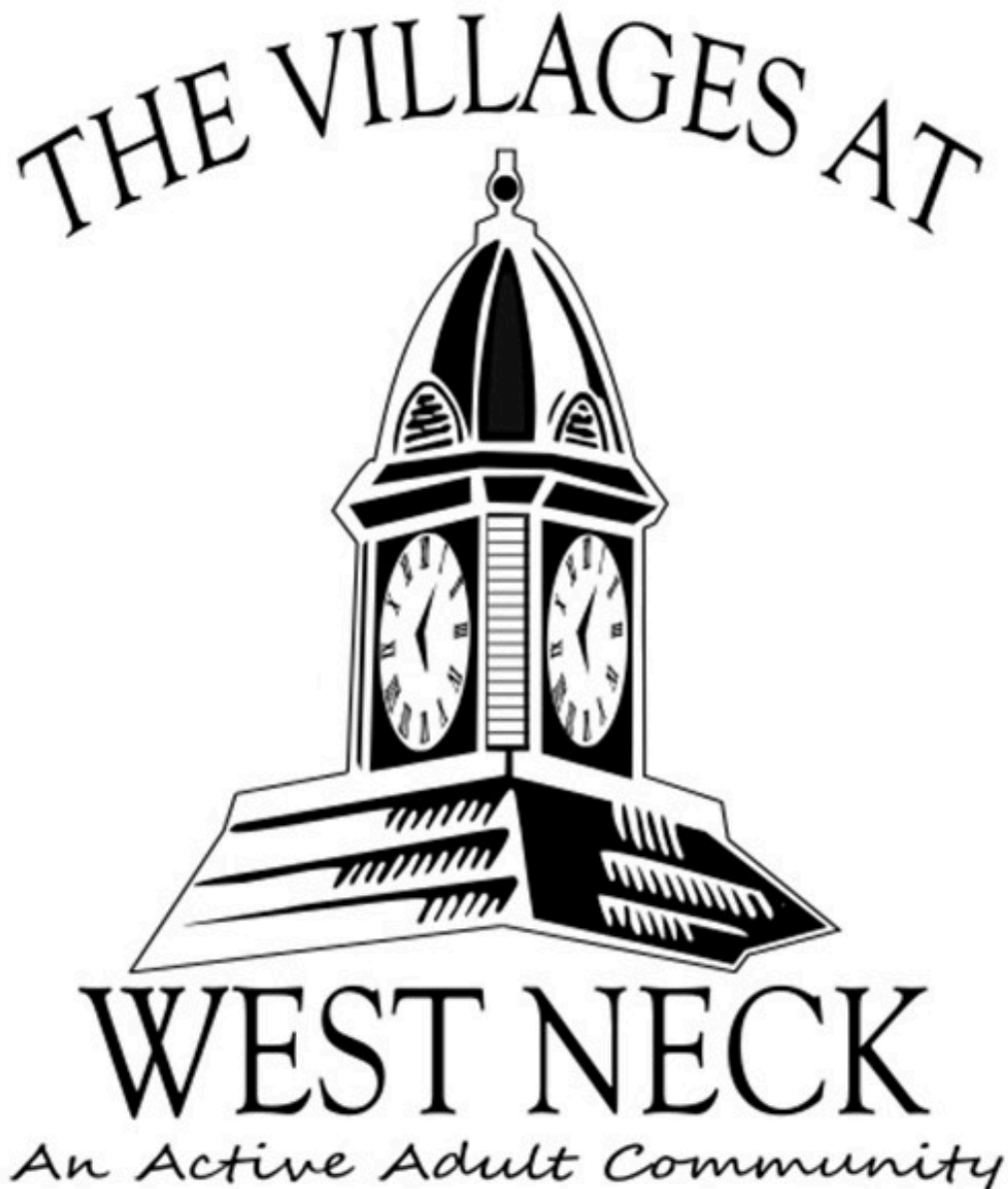
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From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, June 4, 2024 at 05:00 AM EDT

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**Click here to Visit our Website & Community  
Calendar (Resident Login required for calendar)**

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# June 4, 2024

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## In this issue:

### Summer Food Truck Schedule

### This Month at West Neck

- Chair Yoga June Schedule ~ **TODAY** 6/4 & onward
- Karma Yoga June Schedule ~ 6/5 & onward

- Painting Class ~ 6/10
- iPhone and iPad Workshop ~ 6/12
- Line Dancing ~ begins 6/13, then weekly Thursdays
- Summer Music Night ~ 6/15

## **eNews Submission Guidelines**

## **ARC Application**

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# **Announcements**

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**[Click here to print Summer Food Truck flyer below](#)**



Coming to the  
Villages at West  
Neck, this  
Summer.



## Summer 2024 Food Truck Schedule

### June

- 5 Deutscher Imbiss
- 12 Team Fat Kid
- 19 Gavin's Dishes
- 26 Locotos

### July

- 3 Salsa Libre
- 10 Wengs Kitchen
- 24 Pungo Boys BBQ
- 31 Chesapeake Concessions

### August

- 7 Prime 757
- 14 Potato Peeps
- 21 Cast Iron BBQ
- 28 Rio Good Food

### September

- 4 Pungo Boys BBQ
- 11 Pittsburghs Best
- 19 Flavor Savor BBQ
- 25 Courtney's Kitchen

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# This Month at West Neck...

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**Click here to print flyer below**

**Come and join your friends!**

**Chair Yoga  
with  
Catherine Schmidt**

***ERYT200 Certified & Fully Insured Yoga Instructor***  
**1-hour Class**

- Tuesday @ 11am June 4<sup>th</sup>, 11<sup>th</sup> and 18<sup>th</sup>
- Wednesday @ 2pm June 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> and 26<sup>th</sup>

**In the Village Hall large room**



- Free Yoga classes (*Gratuity accepted and appreciated*)
- No previous Yoga experience required
- No punch cards, No commitments
- GIVE YOGA A TRY!

Contact Catherine at 757-846-6564 or email [Catcandoyoga@yahoo.com](mailto:Catcandoyoga@yahoo.com)

**Click here to print flyer below**



## Free Karma Yoga June Schedule

*Mondays at 10:00 Beginner Gentle*  
June 3, 10, 17 & 24

*Wednesdays at 4:00 Gentle Flow*  
June 5, 12, 19 & 26

*No Yoga Nidra in June, will return in July*



Gretchen

Gratuuity accepted but not required.

757-402-1407

[Alacarteevents4u@cox.net](mailto:Alacarteevents4u@cox.net)

**Click here to print Painting Class flyer below**



This 11" x 30" textured Starfish on wood is painted with acrylic paints. **THE STARFISHES WILL BE DRAWN AND TEXTURED AND READY TO PAINT.** You may choose the colors you want to paint the starfishes. All supplies included. No experience required.

Where: Village Hall/West Neck

When: Monday, June 10<sup>th</sup>

Time: 6:00 – 9:00 P.M.

Cost: \$ 45

Please RSVP to Pat Plebani at [Pplebani2@gmail.com](mailto:Pplebani2@gmail.com) or 757-615-7178 to reserve your space.

# Get to know your iPhone AND iPad

Click on image on right to  
print flyer below





# IPHONE & IPAD WORKSHOP

West Neck Learning Committee

Topics: NEW IOS UPDATE, ORGANIZING APPS,  
es.



“How do I” questions are always welcome. Learn new techniques and features as we explore and learn together.

Next meeting: Village Hall, Wed., JUNE 12 at 10:30a to12:00p

Are you coming? RSVP [jimblohme.com](mailto:jimblohme.com) or text 516 662 2512  
and get to know your iPhone AND iPad

Thanks to those who attended the last workshop! I look forward to seeing you again.

**[Click here to print flyer below](#)**

## Summertime Line Dancing in the Village Hall

A summer session of line dancing will begin on **Thursday, June 13<sup>th</sup> at 1:30 PM**, and continue throughout the summer on Thursdays at 1:30. We will be relearning/reviewing the dances we have been doing over the past two years. Just come as your summer schedule permits! New dancers are always welcome as well as guests! Hope to see you on the dance floor!  
Jodie



**Click on image on right to print flyer below**

# Summer Music Night

## RSVP by June 12



**SUMMER MUSIC NIGHT**  
SPONSORED BY  
THE WEST NECK SOCIAL COMMITTEE  
FEATURING: ASTRO DJ  
West Neck Village Hall 7:00-10:00 PM  
Saturday, June 15<sup>th</sup> 2024  
\$10.00 Per Person  
RSVP by June 12<sup>th</sup> 2024 (limited to 100 people)  
BYO Snacks and Drinks Please  
[50/50 Raffle](#)  
Sign up for this event at the Village Hall  
**West Neck Residents Only**  
Payment by check only, payable to WNCA

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SUMMER MUSIC NIGHT 6/15/2024

Name(s): \_\_\_\_\_  
Phone #: \_\_\_\_\_ Village: \_\_\_\_\_  
Number Attending: \_\_\_\_\_ x \$10 = \_\_\_\_\_



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Name(s): \_\_\_\_\_

Phone #: \_\_\_\_\_ Village: \_\_\_\_\_

Number Attending: \_\_\_\_\_ x \$10 = \_\_\_\_\_

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## eNews Submission Guidelines

Click on the submit button for the complete Submission Guidelines.

eNews has made a small revision to our Submission Guidelines:



*If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.*

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**ARC application (Please note: not applicable to Wordsworth or Browningstone)**



**Click on image to view/ print ARC application.**



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What's the Difference Between **eNews** and our **West Neck Website**?

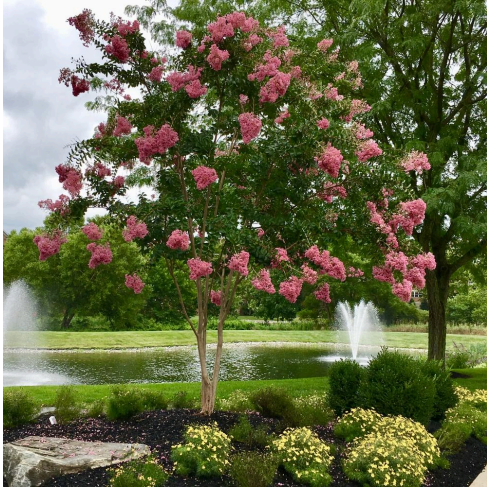
**eNews** is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent to you...you must log on at **[www.westneckvillages.com](http://www.westneckvillages.com)**

**Click here for directions how to log on to our website**

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**The Villages at West Neck Communications & Marketing Committee**



Your West Neck  
eNews delivered  
directly to your inbox!

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The Villages at West Neck | 2580 Signature Drive, Virginia Beach, VA 23456

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