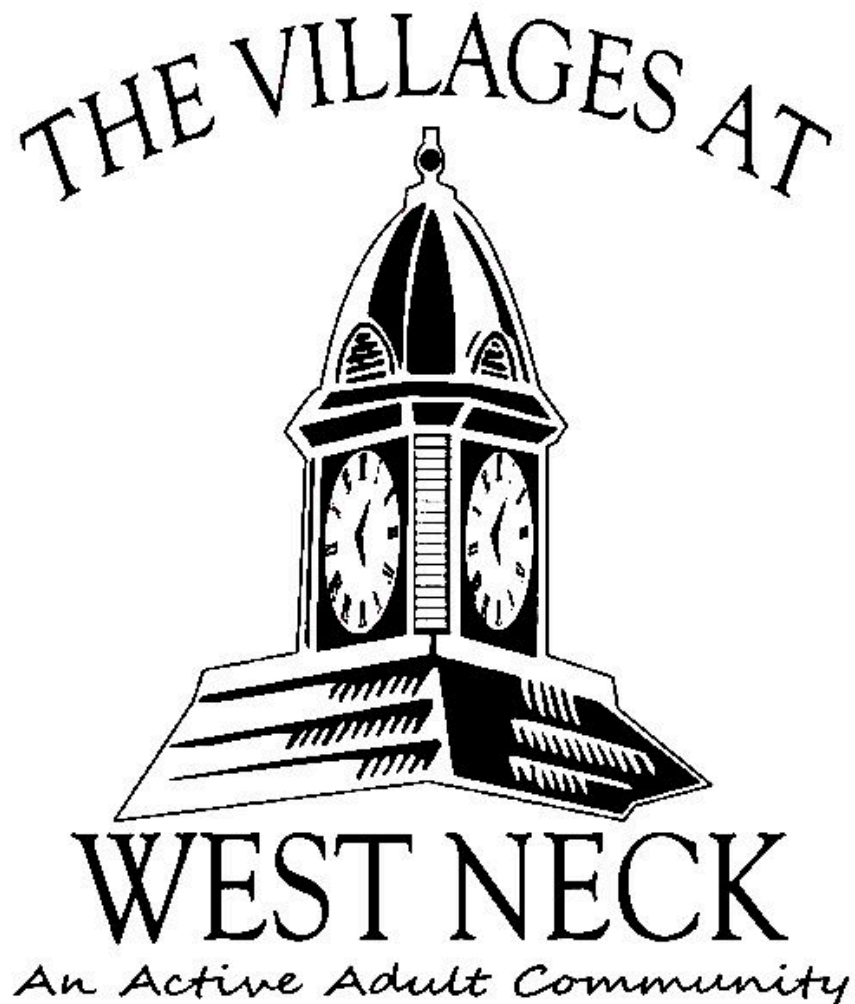


eNews update

From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, June 18, 2024 at 05:00 AM EDT



Click [HERE](#) to Visit our Website & Community Calendar (Resident Login required for calendar)

June 18, 2024

THE FIRST DAY OF SUMMER

In the northern hemisphere this year, the first day of summer is **Thursday, June 20, 2024**. That's just after Father's Day and Juneteenth—so we recommend keeping the celebration going.

The first day of summer is determined by the tilt of the earth's axis as it rotates around the sun. The day that the North Pole is pointed closest to the sun, the northern hemisphere receives the most light for the longest amount of time. This day is known as the June or summer solstice, with a solstice being the twice-yearly astronomical occurrence when the sun is the greatest distance from Earth's equator. (If you're in the northern hemisphere, that means the sun will sit at its highest point in the sky during the summer solstice; during the winter solstice, it will sit at its lowest.)

As the 24-hour period with the longest “day” and shortest “night” in the 365-day calendar year, the day of the summer solstice marks the first day of the summer season. If you want to get really technical, the exact time of the summer solstice this year is 4:51 p.m. EDT

In this issue:

Announcements

- Pool Membership Announcement
- Celebration of Life Ceremony - Sunday, June 23
- Board of Directors Meeting - Wednesday, July 17

This Month At West Neck

- WNEC Cashola - Wednesday, June 19

- Water Aerobics - Wednesday, June 19
- Line Dancing - Thursday, June 20
- Fitness Fun - Thursday, June 20
- Water Aerobics - Saturday, June 22

- **Upcoming events**

- Bus Trip to Charlottesville Winery - Sign Up by 7/8

eNews Submission Guidelines

ARC Application

ANNOUNCEMENTS

The next West Neck Board of Directors Meeting
will be held on
Wednesday, July 17 at 6:00 PM
in the Village Hall.

**POOL MEMBERSHIPS ARE
AVAILABLE!
CHECK IT OUT!**

Click [HERE](#) to print flyer (below)



IT'S POOL SEASON!
MEMBERSHIPS ARE
AVAILABLE:

Join for 1
calendar month
\$110.00
(per household)
Includes 3 guest passes

Join for 2
calendar months
\$220.00
(per household)
Includes 6 guest passes

Entire season
\$330.00



Enjoy relaxing with
friends, join a water
aerobics class, or just
soak up the rays!

For more information
call
757-689-4189 or stop
by the Village Hall.

CELEBRATION OF LIFE

Click [HERE](#) to print flyer (below)

Village Hall Special Announcement



Sunday, June 23, 2024, 11:30 – 3:00

Celebration of Life Service with Military Honors

Color and Salute Noon in Ceremony Garden

Any resident Veterans may attend to honor the family are welcome. Please remain in the back of the garden or the green space adjacent to the garden in respect to the family at the front of the garden.

Please be advised of noise level, especially while at the pool, alert any small children as guests.

The outside music will be off for approximately 30 minutes during the Ceremony Garden service, which begins at 12 PM.

Thank you.



Just a reminder:

Any resident, group, committee or club who has items stored in the Village Hall is being asked to organize and identify your items no later than Thursday, June 27. This includes securing the items and marking them with the group/club name, a contact name and a contact phone number. After June 27, all remaining items in stored spaces not identified as noted above will be removed from the facility. Thank you for your cooperation.

This Month At West Neck...

WEST NECK EDUCATORS CLUB CASHOLA AT IMPERIAL PALACE

Click [HERE](#) to print flyer (below)



Enjoy a delicious lunch or dinner at **IMPERIAL PALACE**
located at 4878 Princess Anne Road, VB 23462
on Wed., June 19 from 11:30 am to 9:00 pm.

You don't have to do anything but show up and eat!

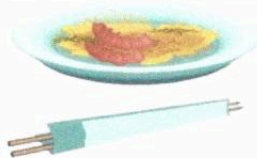
Tell Imperial Palace YOU support the
West Neck Educators Club!

Proceeds from 10% of dinner menu meals will be donated by
Imperial Palace and go towards the
WNEC Scholarship Fund.

For more information, contact Ruth Conover at
757.301-2903 or conover2@cox.net.

For reservations or take-out, call 757.493-8838 .

Sponsored by the West Neck Educators Club.



SUMMER WATER AEROBICS

Click [HERE](#) to print flyer (below)



COUNT DOWN to WATER fitness has begun 😊

Want to feel better while having fun? Come join us in YOUR gorgeous village pool for a safe and effective **water aerobics class** that can improve your strength, flexibility, and stamina.

Classes kick off June 19th, 2024

Classes offered Wednesdays @ 5:00 p.m. and Saturdays @ 9 a.m.

Class program is available to all registered pool members

FREE OF CHARGE

End of class season scheduled for August 31, 2024

Equipment not provided. Please bring your own water weights and noodle.

Additional Suggestions: water shoes, sun hat, sun screen, spf shirt, plenty of water to drink & any additional items for your

Equipment can be found on amazon, at Walmart, target, dicks sporting goods and

Most sporting retailers.



Please contact the Village Hall for information

On joining your Pool Member community.

SUMMER LINE DANCING

Click [HERE](#) to print flyer (below)

Summertime Line Dancing in the Village Hall

A summer session of line dancing will begin on **Thursday, June 13th at 1:30 PM**, and continue throughout the summer on Thursdays at 1:30. We will be relearning/reviewing the dances we have been doing over the past two years. Just come as your summer schedule permits! New dancers are always welcome as well as guests! Hope to see you on the dance floor!
Jodie



"SET" FITNESS FUN

Click [HERE](#) to print flyer (below)



KIRSTEN BUCHANAN
Fitness

West Neck Village "Set" Fitness Fun Schedule

MONDAY @ 12

THURSDAY @ 12

Come join us!!! All Fitness Levels are encouraged and welcomed. Modifications and appropriate levels of intensity will be instructed throughout our session; which is held in the activities room at the VILLAGE HALL.

* Class design will be based after a class assessment of participants and discretion of your FIT PRO before the hour begins. *Classes will vary: any combination of strength, cardio movements and stretch done on our feet, from a chair or on our matts. Come be surprised!! We have Loads of FUN!! Give it a Go!! First class is COMPLIMENTARY for you to experience.

Fitness Fun Punch Cards available for SAVINGS! \$80 for a 8 class punch card. 2 punch (\$28) and 4 punch (\$48) also available No expiration dates. Drop in @ \$15 per class or Transferrable. Gift Certificates available. Credit Cards accepted with a cc fee applied of 3.58 %

Get to know me @ www.kirstenbuchanan.com

WATER FITNESS CLASSES HAPPENING SUMMER 2024---
JOIN THE FUN !!

Individual, Couple, Group-Personal Training, Program Design, Flexibility Conditioning, Nutrition Counseling available for in-home, zoom, village hall gym, my gym: inquire @ **757-286-9694**

UPCOMING EVENTS

**CHARLOTTESVILLE WINERY TRIP
BE SURE TO SIGN UP BY MONDAY, JULY 8**

Click [HERE](#) to print flyer (below)

**THE WEST NECK SOCIAL COMMITTEE
IS PLANNING A BUS TRIP TO A
CHARLOTTESVILLE AREA WINERY**

THE TRIP WILL BE ON OCTOBER 23rd 2024

**THE COST WILL BE APPROXIMATELY \$90-\$100
PER PERSON DEPENDANT UPON THE NUMBER
OF PEOPLE SIGNING UP.**

**THIS WILL INCLUDE BUS TRANSPORTATION, A
WINERY VISIT, LUNCH, AND ADMISSION TO
JAMES MONROE'S HIGHLAND.**

**DINNER IN WILLIAMSBURG NOT INCLUDED IN
PRICE.**

**A \$25 DEPOSIT PER PERSON IS REQUIRED,
WHICH WILL BE REFUNDED IF THE TRIP IS
CANCELLED. PAYABLE BY CHECK ONLY TO
WNCA.**

**PLEASE SIGN UP AT THE VILLAGE HALL NOT
LATER THAN JULY 8th 2024**

Charlottesville Winery

Name(s): _____

Phone #: _____ **Village:** _____

Number Attending: _____ **x \$ 25 =** _____
(deposit)

SUBMISSION GUIDELINES FOR eNEWS

Click [HERE](#) to print flyer (below)

The Villages at West Neck eNews Submission Guidelines

These guidelines are for **all West Neck residents** who wish to submit an announcement for publication in the weekly Tuesday eNews.

All requests for publication shall be directed to the dedicated email address:
westnecknotices@gmail.com

eNews submission dates for Tuesday eNews publication:

- Submission deadline will be the prior Wednesday at noon.
- Submissions received after this Wednesday deadline may result in your flyer not being published or published a week later if it is still within your event timeframe.

Event flyer submission:

- **Provide a .pdf** (preferred format) **or .jpeg flyer**
Use the **SUBJECT LINE of your email** to indicate the edition date and your event date and name, such as:
 - **10/18/23 edition for 10/20/23 (your event name)**
- If your event is not date specific (i.e. monthly fitness calendars), indicate your event in this manner:
 - **03/28/23 edition for 04/00/23 (your event name)**
- If you are submitting a flyer that has been updated or changed in any manner, **alert the editors** when submitting and **rename the flyer** for clarity so that it will not be confused with a previous flyer such as:
 - **07/11/23 edition for 07/20/23 CORRECTED (your event name)**
- If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.
- You will need to submit each week that you want to continue a reminder for the event.

**ARC application (Please note:
not applicable to Wordsworth
or Browningstone)**

Click on image to view/ print ARC
application.



What's the Difference Between
eNews and our **West Neck
Website?**

eNews is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent to you...you must log on at **www.westneckvillages.com**



**It is easy to be informed!! All the information
you need for our community can be right at your
fingertips! Register on the West Neck Villages
website AND sign up to receive our weekly
eNews directly to your inbox!**

Just go to:

www.westneckvillages.com

**If you need assistance, please send an email to:
info@westneckvillages.com.**

Type website in the subject line and our website administrator will email instructions or answer any questions you may have.

THE VILLAGES AT WEST NECK
Communications & Marketing Committee invites you to
register on our community website:

Interested in seeing the **community calendar** of events, the **resident directory** and **other things?**

You must login to the Resident Only pages. Those pages are **password protected** until you create your own personal login for access.



Go to westneckvillages.com to register and follow a few easy steps.

Having trouble? Have questions?



Send a message to info@westneckvillages.com, type website in the subject line, and our Website Administrator will email the instructions to you or answer any questions you may have.

Join today and enjoy all the benefits our website has to offer!

Marketing Committee

Your West Neck
eNews delivered
directly to your inbox!



Any links from The Villages at West Neck eNews to sites or information,
is provided as a courtesy and should not be construed
as an endorsement by
The Villages at West Neck eNews.

The Villages at West Neck | 2580 Signature Drive, Virginia Beach, VA 23456

[Unsubscribe dleedy54@yahoo.com](mailto:dleedy54@yahoo.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by enews@villagesatwestneck.ccsend.com powered by



Try email marketing for free today!