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Five-year remembrance activities for May 31, 2019, Municipal Center tragedy include programs to aid in healing journey.

During the month of May, the City of Virginia Beach is offering several ways to honor the victims and their families, as well as everyone whose lives were forever changed by the May 31, 2019, tragedy.

Because individuals are at different points in their healing journey, our goal is to continue to provide options for how we remember those we lost. Promoting mental health and overall wellness is also key to our recovery, and this monthlong programming reflects our commitment to promote resilience for our employees and the community and recognizes Mental Health Awareness Month.

Most of the events are free and open to the public, but some require a membership or advanced registration. Read more for detailed information about special programming and Love For VB resources.

[Love For VB](#)



Police Prioritize Mental Health Awareness and Officer Wellness

The Virginia Beach Police Department is hoping to use Mental Health Awareness Month as an opportunity to spread the word that it is important for all employees to maintain their mental health and wellness, regardless of their position in the department. VBPD offers a variety of solutions for all department members in need of support.

[Learn More](#)



Ripe for the Picking: Local Farms Report Bountiful Fields During Peak Strawberry Season

The 2024 Virginia Beach Strawberry Guide lists where to pick or purchase your own fresh strawberries before the season concludes in mid-June.

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City of Virginia Beach Communications
2401 Courthouse Drive, Virginia Beach, VA 23456 USA

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