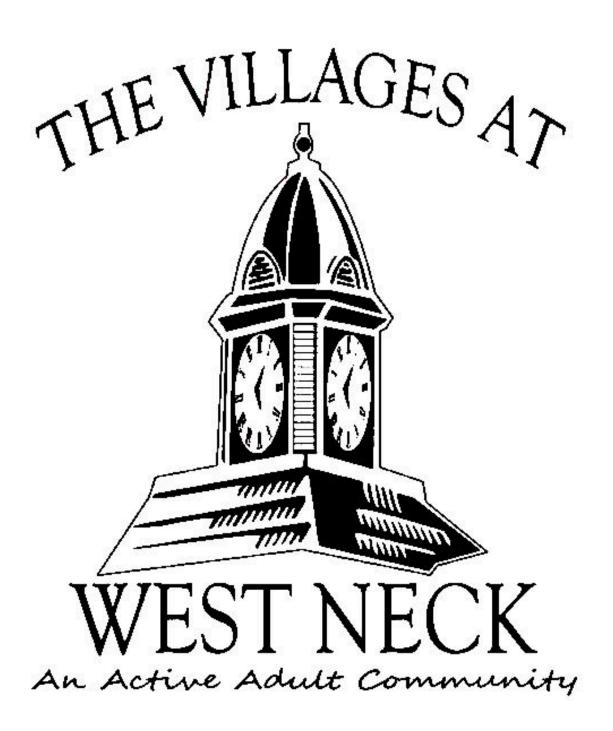
#### eNews update

From: The Villages at West Neck (enews@villagesatwestneck.ccsend.com)

To: dleedy54@yahoo.com

Date: Tuesday, April 9, 2024 at 05:00 AM EDT



# Click HERE to Visit our Website & Community Calendar (Resident Login required for calendar)

# **April 9, 2024**

## THIS DAY IN HISTORY

On **April 9, 1865**, General Robert E. Lee surrendered his army to General Ulysses S. Grant at Appomattox Court House in Virginia, effectively ending the U.S. Civil War.

On **April 9, 1860** the world's first recording of a human voice is created. French inventor Édouard-Léon Scott de Martinville used his phonautograph, the earliest known sound recording device, to capture himself singing the French folk song "Au clair de la lune".

# In this issue:

### **Announcements**

- Help Wanted: Pool Ambassadors
- Recreation Committee Update

### This Month At West Neck

- Chair Yoga TODAY 11:00 AM
- Texas Hold 'Em TONIGHT 7:00 10:00 PM
- iPhone Workshop Wednesday, April 10
- Chair Yoga Wednesday, April 10
- Sip and Savor Friday, April 12
- Let's Paint Spring Flowers Monday, April 15

- West Neck Investment Club Monday, April 15
- WNEC Burgers with Benefits Wednesday, April 17
- Texas Hold 'Em Monday, April 22
- Bingo Tuesday, April 23
- Upcoming events
- Institute for Learning in Retirement Spring Classes
- Sentara Virtual Stroke Information -Thursday, May 2
- Poker Run Saturday, May 4

## **eNews Submission Guidelines**

# **ARC Application**

## **ANNOUNCEMENTS**

The next West Neck Board of Directors Meeting will be held on

Wednesday, May 15 at 6:00 PM in the Village Hall.



# **Now Hiring Pool Ambassadors**

Due to retirements, we have several openings for Pool Ambassadors at the Village Hall. This is a seasonal part time position that will begin in late April and run through September. It will probably average about 8 to 12 hours per week. We provide training and our schedule is flexible but requires some weekends and evenings.

If you're interested, please stop by the Village Hall, and get an application from George. Our annual pool mailer will go out to the community this month, so look for that in the mail soon.

#### Recreation Committee Update March 2024

...........

#### Committee Administration

The Recreation Committee meeting notes and other related documents are now available on the residents' West Neck website under the documents section.

The Board liaison is now Robert Tice and the co-chairs are Connie Milne and Kate Johnson.

#### Pickleball

\* \* \*

The Board of Directors made a request at the January 2024 Board meeting for a pickleball sound study to be completed. This was in response to concerns regarding the noise level for surrounding homes, the pool, and other facilities.

A proposal for a sound study was approved at the recent Board meeting held on March 20<sup>th</sup>. The study will be completed by Pickleball Sound Mitigation (PSM). Once we have results from that study we will provide an update.

The proposed location for the 2 courts is the green space at the intersection of Signature Drive and the traffic circle across the street from the Village Hall. However, we are looking forward to advice on the recommended location from the sound mitigation study.

Submitted by Connie Milne, Committee Co-Chair

## This Month At West Neck...

## Come and join your friends!

#### Chair Yoga with Catherine Schmidt

# ERYT200 Certified & Fully Insured Yoga Instructor 1-hour Class

- Tuesday @ 11am April 9th, 16th May 14th, and 21st
- Wednesday @ 2pm April 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup> May 15<sup>th</sup>, 22<sup>nd</sup>, and 29<sup>th</sup>

#### In the Village Hall large room







- Free Yoga classes (Gratuity accepted and appreciated)
- · No previous Yoga experience required
- . No punch cards, No commitments
- GIVE YOGA A TRY!

Contact Catherine at 757-846-6564 or email Catcandoyoga@yahoo.com



# Village Hall 7 - 10PM

Every - 2nd Tuesday & 4th Monday





#### IPHONE WORKSHOP

West Neck Learning Committee

Our next discussion will continue exploring Settings and iCloud



Bring your "How do I" question, and learn new techniques and features as we explore and learn together.

Next meeting: Village Hall, Wed. April 10th at 10:30a to 12p

### Keyboard Shortcut

It's easy to create a keyboard shortcut to expand into a phrase, such as, On My Way Home, an address, or a favorite icon, with just a few keystrokes.

#### Let's Learn:

- 1-Go to Settings>General>Keyboard>Text Replacement.
- 2-Click the plus (+) icon at the top right to enter a phrase
- 3-Type a shortcut
- 4-Click "Save" top right.

#### Examples:

A Phrase: Type "your name, address, city, state, zip".

A Shortcut: Type your house number

Example: write an email, to sign it, type your house number.

Could be a word which spell check substitutes for another, ie bear for bare.

Phrase: bare Shortcut: bare



Are you coming? RSVP jimblohm@me.com or text 516 662 2512 to register and get to know your iPhone

Thanks to those who attended the last workshop!



#### SIP & SAVOR INTERNATIONAL DINNER



#### Taste West Neck International Cuisine with your neighbors!

Bring a a salad, side, entree or dessert that reflects your heritage! This final Sip & Savor will have an international flavor and has been scheduled for Friday, April 12, 2024 from 6:00 to 8:00 p.m. at the Village Hall.

Plates, cups, cutlery and napkins will be provided. To help defray costs and restock items, 50/50 raffle tickets will be sold. Please call the Village Hall (757.689-4189) from 9:00 a.m. until 5:00 p.m. on Mondays through Thursdays for reservations. The meeting room in our Village Hall can comfortably accommodate 100 residents at this event. Your reservation allows us to set up the correct number of tables and chairs in advance. Staff at the Village Hall will let you know whether to bring a salad, side dish, entree or dessert. This balances the buffet for everyone. Please identify what you bring using a small card that can be placed by your item.

March's Sip & Savor was filled with lots of good food. A special thank you is extended to Ruth Conover, Betty Lake, Marion Rosenow and Pam Snyder for hosting.

Sincerely,
Francie Rayburn
email: <a href="mailto:frnsdejute@cox.net">frnsdejute@cox.net</a>
(h) 757.689-8915
(c) 330.501-4778









Let's paint Spring Flowers! This will be painted on an 11" x 14" canvas in Acrylic paints. No experience required. All supplies included.

Where: Village Hall West Neck

When: Monday, April 15

Time: 1:30 – 4

Cost: \$35 each

RSVP to Pat Plebani at <a href="mailto:Pplebani2@gmail.com">Pplebani2@gmail.com</a> or 757-615-7178

to reserve your space

# <u>West Neck</u> <u>Investment Club</u>

Next Meeting

Monday April 15 at 7:00 PM

Village Hall Large Meeting Room

All are welcome! Bring a friend!

Come join a diverse group of residents who are interested in learning about investing or enjoy talking about changing markets / current events that are likely to impact the value of one's investments. We meet on the third Monday night of each month at the Village Hall at 7 PM. The West Neck Investment Club is one of the most successful clubs in West Neck, having met continually since 2012. Questions please contact:

Bob McCartney 757 618 7468 <u>mccarts@cox.net</u>

Allen Goldstein 757 301 2139 amg 56@hotmail.com

Janet Blohm 516 987 8642 idotoomuch@aol.com





The West Neck Social Committee will be hosting Bingo on the following dates in 2024:

4/23, 9/24, 10/22 @ 6:30 PM

Come join us for an evening of fun and

**CASH PRIZES** 

At the Village Hall

WEST NECK RESIDENTS ONLY!!

Please bring your own drinks and snacks \$10.00 per person

Please call the Village Hall at 689-4189

to reserve a seat

PLEASE CANCEL YOUR RESERVATION IF YOU ARE UNABLE TO ATTEND

## **UPCOMING EVENTS**

#### **Click HERE to print flyer (below)**



SPRING 2024 CLASS OFFERINGS

#### Institute for Learning in Retirement

At Tidewater Community College

Princess Anne Bldg-A, A103 1700 College Crescent

Virginia Beach, VA 23453-1918

For membership costs and registration information contact:

757.756.4861 www.ilrvb.org office@ilrvb.org

#### **APRIL**

- 3 The President Who Loved Back Bay
- 4 Electric Vehicles: Past, Present, and Future
- 8 The Art of Passover
- 11 Henry Knox: Soldier to Cabinet Member (1:00)
- 15 Beyond the Binary: Intro to LGBTQ Cultural Competency
- 17 Proteins: The Good, the Bad, and the Ugly
- 18 Revelations of Slavery and Freedmen Including a Tidewater Plantation
- 24 The Myers Family: A Unique View of Norfolk History
- 25 All About Ants
- 29 Saving the Red Ape: Wild Orangutan Lives and Conservation

#### MAY

- 2 The Importance of Allies and Partners in Our Age of Strategic Competition (1:00)
- 6 The Human Experience Through the Lens Of Self and Society
- Daniel Morgan, Revolutionary War Hero (1:00)
- 13 Hollywood's Contribution to America's World War II Effort
- 14 The History of the 14<sup>th</sup> Century Plague In Europe Compared to Covid
- 16 General Cardiology and Cardias Health (ZOOM ONLY)

CLASSES MEET AT TCC-VIRGINIA BEACH AND ON ZOOM
At 10:00-12:00 pm unless noted
ILR ALSO OFFERS SOCIAL ACTIVITIES

#### **Click HERE to print flyer (below)**



# You're having a stroke: Now what?

Free, virtual event

Would you recognize the signs of a stroke in yourself or others? Vascular surgeon Tara Balint, M.D. of Sentara Vascular Surgery Specialists, shares guidance on recognizing symptoms, what to expect in the ER, and the medical and surgical treatments for stroke.





**Thursday, May 2, 2024** 6:30-7:15 p.m.



Free, virtual event Registration required



**To register,** scan the QR code, call **1-800-SENTARA**, or visit sentara.com/events.

03-2024

# Sponsored by West Neck Educators Club JOIN US & HAVE SOME FUN!

It's a POKER RUN! SATURDAY, MAY 4th 3:00 - 6:00 pm



ANTE is \$5/CARD BEST HAND WINS \$100!



Purchase your 'hands' at the Village Hall between 3-5pm.

Each card must be drawn from a full deck
at 5 different locations in West Neck.

Return your 'hands' to the Village Hall no later than 5:30pm.

Light refreshments served at several locations.

Winner(s) will be announced at 6:00pm

Winners do not need to be present to win.

Questions? Contact Francie Rayburn at (email) frnsdejute or (c) 330.501-4778 or (h) 757.689-8915

# eNews Submission Guidelines

Click on the update button for the complete Submission Guidelines. eNews has made a small revision to our Submission Guidelines:

If your event is being sponsored by a committee/club (ex: Social Committee, Learning Committee, etc.), the sponsoring name must appear on the flyer.



ARC application (Please note: not applicable to Wordsworth or Browningstone)

Click on image to view/ print ARC application.





What's the Difference Between eNews and our West Neck Website?

**eNews** is our weekly community newsletter that is sent every Tuesday. In fact you are reading it right now.

Our **West Neck Website** is the community's major marketing tool and resident information center. It is not sent to you...you must log on at **www.westneckvillages.com** 

## Click here for directions how to log on to our website



# The Villages at West Neck Marketing Committee

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