

From: The Villages at West Neck westnecknotices@gmail.com
Subject: eNews update
Date: January 23, 2024 at 5:00 AM
To: idotoomuch@aol.com



THE VILLAGES AT



WEST NECK

An Active Adult Community



**Click on the Mouse to Visit
our Website & Community
Calendar (Resident Login
required for calendar and
Photos)**

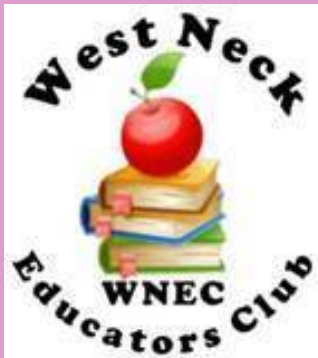
January 23, 2024

In this issue:

West Neck Educators Club Membership Drive

This Month At West Neck...

- Phenology: a study of the seasons ~ TODAY
- Bingo ~ TONIGHT
- Free KARMA yoga ~ 1/24
- Dining for WNEC at *Y Not Italian* ~ 1/31



West Neck Educators Club BOGO Membership Drive

Click [HERE](#) to print
flyer

BOGO

BE ONE GET ONE

In 2024, **BE** a West Neck Educators Club member
and
GET one new member to join!



Bonnie Tarantina w/new member, Elaine Foley



Sue Warren w/new member, Bruce Warren

This Month At West Neck...

Today at 10 AM

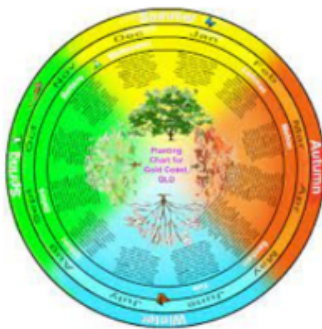
Click [HERE](#) to print flyer (below)

WEST NECK GARDEN CLUB
Tuesday, Jan. 23rd @ 10:00am

Meeting Room of the Village Hall

PHENOLOGY
A Study of the Seasons
Presented by Sherry Kern

New members & guests are always welcome.
Light refreshments served.



Phenology Wheels

Tonight

Click [HERE](#) to print flyer (below)

BINGO

The West Neck Social Committee will be hosting
Bingo on the following dates in 2024:
1/23, 2/27, 3/26, & 4/23, 9/24, 10/22
@ 6:30 PM

Come join us for an evening of fun and
CASH PRIZES

At the Village Hall

WEST NECK RESIDENTS ONLY!!

Please bring your own drinks and snacks

\$10.00 per person

Please call the Village Hall at 689-4189
to reserve a seat

**PLEASE CANCEL YOUR RESERVATION
IF YOU ARE UNABLE TO ATTEND**

Click [HERE](#) to print flyer (below)



Free Karma Yoga
Foundations Workshop
January, 24th at 10:00am
Large Meeting Room Village Hall

This session we will review the 8 basic postures, use of props such as chairs, blocks, etc. with modifications to fit you.

Perfect for Beginning Students!

This will be a hands-on session to assist in proper alignment and your personal goals.

Please let me know if you are interested in attending, so I have enough handouts.

Donations are accepted but not required for this free class.

Peace



Gretchen For information or questions contact me at...
757-402-1407 or alacarteevents4u@cox.net

Click [HERE](#) to print flyer (below)



***Join the WN Educators Club for dinner
and
Help our Scholarship Program***

**Y Not Italian – Landstown Commons
3276 Princess Anne Rd, Virginia Beach, 757-301-9411**

Wednesday, January 31

5 to 9pm

Dine-In – Only (Y Not has call ahead reservations.)
757-301-9411

All West Neck residents encouraged to support!

Please tell your server you support **WNEC** and
Write **WNEC** on the Merchant Receipt

See the menus at

<https://www.ynotitalian.com/main-menu>

For More Info

Contact Sherry Ewan, sherryewan@gmail.com, 757-672-5885



**Have you registered for
Resident Only access
on our new website?**

<https://westneckvillages.com/>

**Click Here for Instructions for
Full Website Access**

**The Villages at West Neck
Marketing Committee**

**Your West Neck
eNews delivered
directly to your inbox!**



Any links from The Villages at West Neck eNews to sites or information,
is provided as a courtesy and should not be construed as an endorsement by
The Villages at West Neck eNews.

The Villages at West Neck | 2580 Signature Drive, Virginia Beach, VA 23456

[Unsubscribe idotoomuch@aol.com](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by westnecknotices@gmail.com powered by



Try email marketing for free today!